

Inmaculada Aguilera Buenosvinos

phD student at University of Navarre

 iaguilera@alumni.unav.es
 671462914
 Pamplona, Spain



Profile

I am a PhD student at the University of Navarra from October 2019 in the Applied Medicine and Biomedicine programme. My PhD thesis is on primary and secondary prevention of breast cancer in the framework of the SUN Project and the Lifebreast Clinical Trial. **I am interested in Public Health, Nutritional Epidemiology and Prevention in cancer through Nutrition Research.**



EDUCATION

October 2019-2023

phD student at University of Navarra. Department of Preventive Medicine and Public Health. Faculty of Medicine. PFIS grant by the Carlos III Institute of Madrid (ISCIII) within the Strategic Action in Health (AES) 2017-2020. Dietician and Nutritionist in the LIFE BREAST Clinical Trial: PI: Dr. Estefanía Toledo Atucha.

Continuing Research Training by the Doctoral School. Research Staff in Training.

Sept 2018/Sept 2019

Msc in Biomedical Research, specializing in Oncology University of Navarra. Faculty of Science.

Nov 2018-Sept 2019

Centre for Applied Medical Research (CIMA). Master's thesis. Laboratory of Immunology and Immunotherapy. Area of Oncology, Translational Research. Handling of experimental animals and humanised preclinical models.

Qualification accredited by the Government of Navarra for the handling of experimental animals.

05/2018-09/2018

University of Brighton (England). Internship with the Department of Biochemistry. Eastburne Campus. Departments School of Health Sciences.



PROFESSIONAL EXPERIENCE

Sept 2020-Dec 2020
CEIN's MedTech Programme
Pamplona, Navarre



A programme to encourage and foster talent for entrepreneurship in the health sciences.

Feb 2020-now
Contributor, writer and content reviewer for the blog



Oct 2019-now
Dietitian-Nutritionist in the LIFE BREAST Clinical Trial of Nutritional Intervention in breast cancer recurrences.



Starting a nutritional intervention randomized trial with MedDiet+EVOO for the prevention of relapses among women with early breast cancer. A randomized, multicenter trial (LifeBreast) with MedDiet+EVOO among 366 women diagnosed of localized breast cancer. They will be randomized in a 1:1 ratio to i) MedDiet+EVOO or ii) usual care (control).

Sept 2019-Oct 2020
Coordinator of Workshops on Healthy Eating and Prevention



March 2021- Dec 2021
SEE Mentoring Programme



NUTRITIONAL RECOVERY VOLUNTEER PROJECT IN GUATEMALA (ongoing)



