

Inmaculada Aguilera Buenosvinos

phD student at University of Navarre

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 671462914
 Pamplona, Spain



Profile

I am a PhD student at the University of Navarra from October 2019 in the Applied Medicine and Biomedicine programme. My PhD thesis is on primary and secondary prevention of breast cancer in the framework of the SUN Project and the Lifebreast Clinical Trial. **I am interested in Public Health, Nutritional Epidemiology and Prevention in cancer through Nutrition Research.**



EDUCATION

October 2019-2023

phD student at University of Navarra. Department of Preventive Medicine and Public Health. Faculty of Medicine. PFIS grant by the Carlos III Institute of Madrid (ISCIII) within the Strategic Action in Health (AES) 2017-2020. Dietician and Nutritionist in the LIFE BREAST Clinical Trial: PI: Dr. Estefanía Toledo Atucha.



Continuing Research Training by the Doctoral School. Research Staff in Training.

Sept 2018/Sept 2019

Msc in Biomedical Research, specializing in Oncology University of Navarra. Faculty of Science.

Nov 2018-Sept 2019

Centre for Applied Medical Research (CIMA). Master's thesis. Laboratory of Immunology and Immunotherapy. Area of Oncology, Translational Research. Handling of experimental animals and humanised preclinical models.



Qualification accredited by the Government of Navarra for the handling of experimental animals.

05/2018-09/2018

University of Brighton (England). Internship with the Department of Biochemistry. Eastburne Campus. Departments School of Health Sciences.



PROFESSIONAL EXPERIENCE

Sept 2020-Dec 2020
CEIN's MedTech Programme
Pamplona, Navarre



A programme to encourage and foster talent for entrepreneurship in the health sciences.

Feb 2020-now
Contributor, writer and content reviewer for the blog



Oct 2019-now
Dietitian-Nutritionist in the LIFE BREAST Clinical Trial of Nutritional Intervention in breast cancer recurrences.



Starting a nutritional intervention randomized trial with MedDiet+EVOO for the prevention of relapses among women with early breast cancer. A randomized, multicenter trial (LifeBreast) with MedDiet+EVOO among 366 women diagnosed of localized breast cancer. They will be randomized in a 1:1 ratio to i) MedDiet+EVOO or ii) usual care (control).

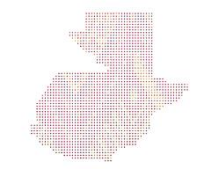
Sept 2019-Oct 2020
Coordinator of Workshops on Healthy Eating and Prevention



March 2021- Dec 2021
SEE Mentoring Programme



NUTRITIONAL RECOVERY VOLUNTEER PROJECT IN GUATEMALA (ongoing)



PROGRAMA INTEGRAL PARA EL DESARROLLO EN LA PRIMERA INFANCIA EN GUATEMALA

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EDUCATION

May 2020-December 2020

WeValueFood! Communication Programme.
EIT Food. IMDEA Food Institute, Nutrition, Food and Health Research Centre. Autonomous University of Madrid (UAM).



Feb 2020- December 2020

Expert Degree. Nutrition in humanitarian emergencies
FUNIBER. University of the Atlantic. Spanish Academy of Nutrition and Dietetics.



09/2013-06/2015

B.S in Human Nutrition and Dietetics. Pablo de Olavide University.



2016/2017

SICUE national mobility grant. University of Granada. Faculty of Pharmacy.



Coordinator member of ADINU GRANADA. Association of Dietitians and Nutritionists of Granada.

Feb-May 2017

Final research degree thesis. Granada Biomedical Research Centre (PTS).

"Role of coenzyme Q in the vasculature of rats fed throughout their lives with coenzyme Q provided by different fat sources. Implications of diet in the physiological process of ageing".



Sept 2015-Jun 2016

Erasmus. Università Degli Studi di Urbino Carlo Bo (Urbino, Marche Region, Italy).

Collaboration as a student intern at the Department SCIENZE TECNICHE DIETETICHE APPLICATE.



RESEARCH PROJECTS and AWARDS

Original article

Published in Feb 2021- Nutrients

Dairy Consumption and Incidence of Breast Cancer in the 'Seguimiento Universidad de Navarra' (SUN) Project.

- ❖ **October 2020 : XXXVIII SEE Meeting and XV APE Congress. Bilbao.**
- ❖ **Prize for the best oral presentation for first-time researchers at the congress.**



Original article

Started Feb 2021- Jun 2021

Associations between an overall, healthful and unhealthy low-fat dietary patterns and breast cancer risk in a Mediterranean cohort: the SUN project.

- ❖ Accepted for oral presentation in Nutrition Live Online 2021- June



Original article

Started Feb 2021- Jun 2021

DIETARY DIABETES RISK REDUCTION SCORE (DRRD) AND BREAST CANCER RISK: A PROSPECTIVE EVALUATION IN THE SUN COHORT.

- ❖ **Abstract presented: XXXIX Reunión Científica SEE, IX CONGRESO SESPAS y el XV Congreso da APE | León 2021**

Feb 2019

Oncology Congress for Students (COE XV) University of Navarre.



- ❖ **Oral presentation: "Microbiome and anti-cancer immunosurveillance".**
- ❖ **Best Oral Presentation Award**